

Oral Health in Yellow Room 23.09.2025

In Yellow Room, we brush our teeth every week to promote good oral health. We brush our teeth for two minutes and sing a song about brushing our teeth to remind us what we have to do. We also talk about healthy foods for our teeth and how we need to eat small amounts of sugary foods and drink to avoid tooth decay.



Talking points/Key questions:

Where are your teeth and gums?

What do we have to do to look after our teeth?

How many times do we brush our teeth?

What is tooth decay and what does it look like?